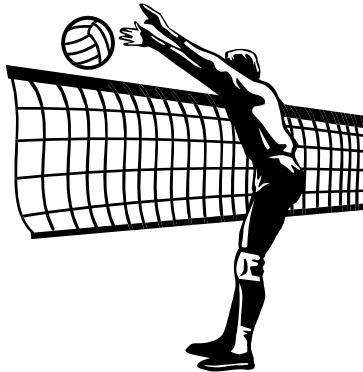


Empire State Games – Masters Volleyball

Buffalo Niagara Court Center, West Seneca, NY

July 24, 2010



Adirondack Region Tryouts - Men's and Women's teams

Tuesday, May 11th and Tuesday, May 18th

7pm – 9pm

University of Albany (SEFCU arena)

Women's Masters Team – You must be at least 30 years old by July 23rd

Men's Masters Teams (two teams: 35+ and 45+) – You must be at least 35 or 45 by July 23rd

Additional information is on the ESG website: <http://www.empirestategames.org/>

PRIOR TO TRYOUTS (New rule this year): You must register and pay a \$10 fee for tryouts on-line at the following site prior to tryouts, no exceptions

<http://www.empirestategames.org/>

Please bring a game ball

You **must** bring a photo ID and your email confirmation of registration

You **must** bring a numbered Jersey or t-shirt.

You **must** attend at least one of the two dates

You are **strongly** encouraged to attend both

Practice Dates

Tuesdays: June 1,8,15,22 ,July 13; 7pm – 9pm

Players selected for a team are expected to attend practices

There is a very real possibility that we will have the opportunity to enter more than one team in both the men's and women's division(s). We have a lot of quality players in our region and I firmly believe we could field two highly competitive teams in each division. Don't sit on the sideline because you "think" there's someone better than you who will try out!!!

BE A PART OF THE TEAM!!!!

For more information, or to volunteer to help (setup courts, run practice, etc), Contact Lenny Casper via Facebook, or Lenny.pc@hotmail.com or kelemajo@nycap.rr.com