

Dear Coaches and Players,

We're writing to ask for your help in making this summer's Empire State Games successful for our Adirondack region! We have the honor of coaching this year's Scholastic Girls Volleyball team, and we'd like this year's team to fully reflect the widespread talent in our region.

To do that, we need all of the players in the Adirondack region to try out for the team! Please encourage all eligible girls from your school district to attend try outs. (Players are eligible to play in the games if they are 17 years old or younger as of August 31, 2010.) At the least, it will be several outstanding hours of volleyball for them; at the most, it could be a truly amazing summer playing on the ESG team!

We need your help getting the word about ESG out to our volleyball players, especially since the games were canceled last summer.

Here are the details:

Try Outs will be held Thursday, May 20th from 5:30 - 8:30pm at Koda Middle School on the Shenendehowa campus; Sunday, May 23rd from 2:30 - 5:30pm at Koda Middle School, and Monday, May 24th from 6:00 - 8:30pm at Niskayuna HS. In order for us to make the most informed decision possible, we need the girls to be available to attend ALL three tryouts.

Players MUST wear a shirt or jersey with a NUMBER printed on it to all try outs. Any team/sport will do, we just need to be able to identify them.

In order to try out, all players must REGISTER ONLINE! No players will be allowed to participate in the try outs without completing the online registration process. To do so, go to: [www.empirestategames.org](http://www.empirestategames.org); click on "Summer Games"; click on "How to Register" on the left; then scroll to the bottom of the page and click on "Register Online Now."

The Games will occur Wednesday, July 21st through Saturday, July 24th in Buffalo.

Please forward this email on to any coaches/schools that you think we may have missed. As we say, we'd really like to include as many players from our region as we can. We thank you in advance for getting the word out to your players and for encouraging them to try out for the team!

We look forward to meeting them at try outs!

Sincerely,

Rachel Dufort and Shana DeRocco  
[duforach@shenet.org](mailto:duforach@shenet.org) / [sderocco@niskyschools.org](mailto:sderocco@niskyschools.org)

Shana DeRocco  
Mathematics Teacher  
Girls Varsity Volleyball Coach  
Niskayuna High School  
1626 Balltown Road  
Niskayuna, New York 12309  
(518) 382-2511 ext. 21785